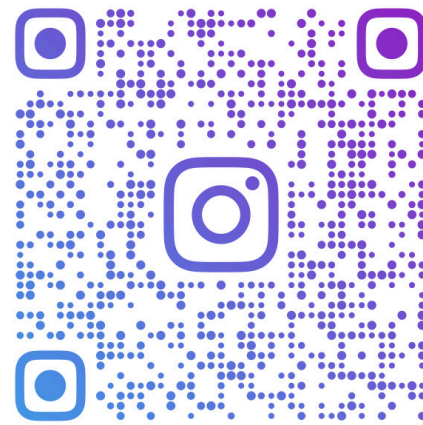


ROTATORY INSTABILITY OF THE KNEE

MENISCUS VS ALC ?



PR.MATT.OLLIVIER

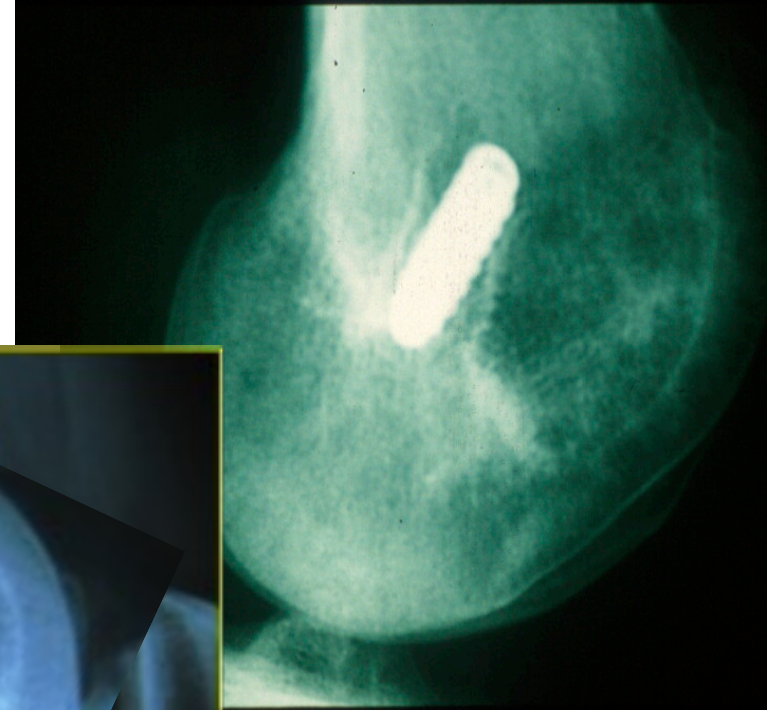
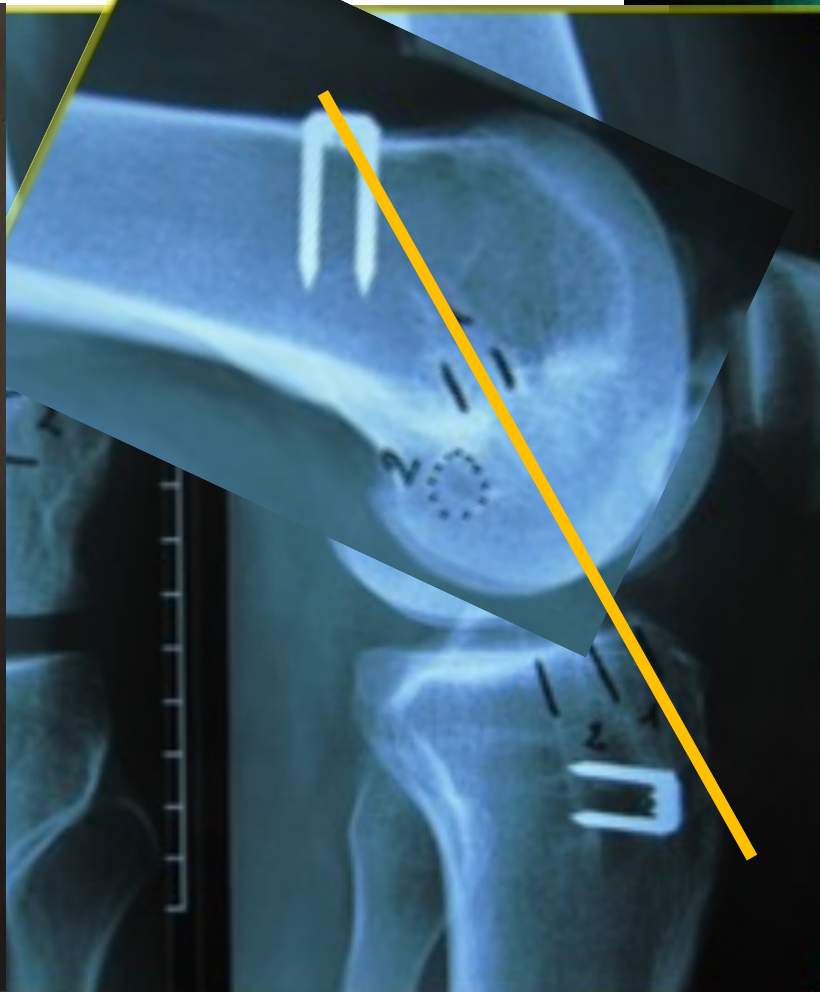
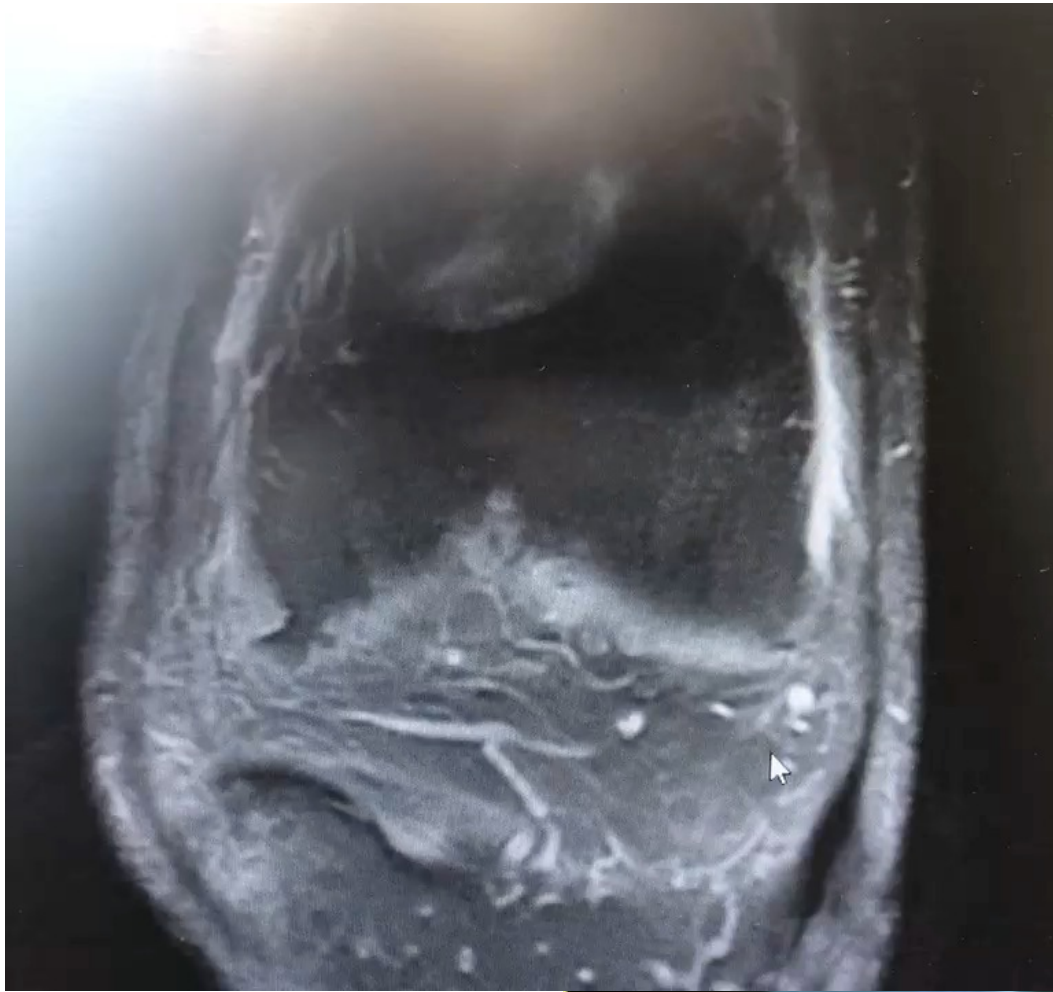


RATIONALE

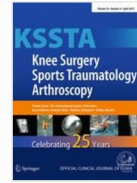
Why ACLs Fail?

- New trauma
- Tunnel position issue
- Persistent Rotatory Knee Laxity

If No surgical Mistake ?



Literature



[Knee Surgery, Sports Traumatology, Arthroscopy](#)

April 2017, Volume 25, Issue 4, pp 991–996 | [Cite as](#)

Historical perspective on the “discovery” of the anterolateral ligament of the knee

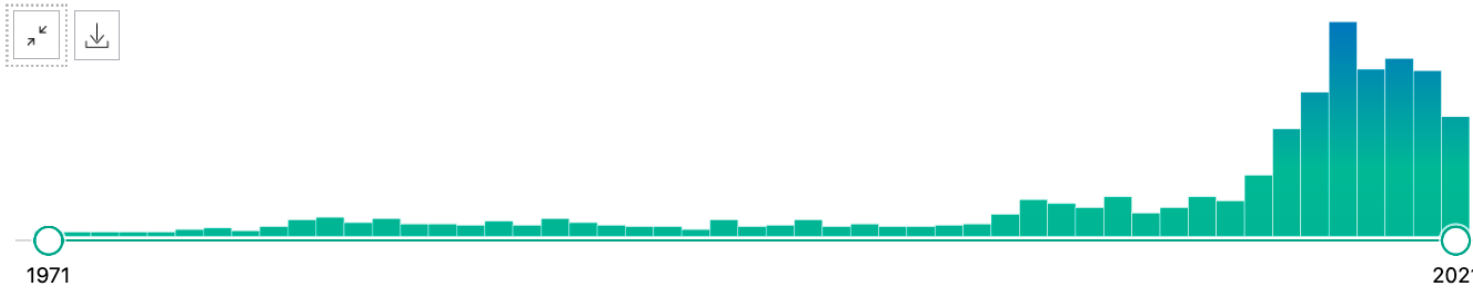
Authors

[Authors and affiliations](#)

Etienne Cavaignac, David Ancelin, Philippe Chiron, Jean-Louis Tricoire, Karine Wytrykowski, Marie Faruch,

RESULTS BY YEAR

991 results



>1500 Papers / 7 years

>50 EDITORIALS

[Editorial Commentary: The Anterolateral Ligament of the Knee Seems More Fact](#)

[Editorial Commentary: Filling the Void in Translational Research for Lateral Extra-](#)

[Editorial Commentary: Addressing the Anterolateral Side of an Anterior Cruciate](#)

[Editorial Commentary: Anatomy of the Anterolateral Ligament of the Knee-The](#)

[Editorial Commentary: The Anterolateral Ligament Really Exists, Now Show Me How](#)

Anterolateral Ligament Expert Group consensus paper on the management of internal rotation and instability of the anterior cruciate ligament - deficient knee

**Bertrand Sonnery-Cottet¹ · Matthew Daggett² · Jean-Marie Fayard¹ ·
Andrea Ferretti³ · Camilo Partezani Helito⁴ · Martin Lind⁵ · Edoardo Monaco³ ·
Vitor Barion Castro de Pádua⁶ · Mathieu Thaunat¹ · Adrian Wilson⁷ ·
Stefano Zaffagnini⁸ · Jacco Zijl⁹ · Steven Claes¹⁰**

Graft Matters ?

- 90% of evidence => hamstring. (DT3-G2 fashioned)
- Global Trends favored Quads +++
- Deep vs Superficial Lemaire ?



Orthopaedics & Traumatology: Surgery & Research

Volume 107, Issue 2, April 2021, 102819



Technical note

Minimally invasive harvesting of the quadriceps tendon: Technical note

Matthieu Ollivier^a, Jérémy Cognault^b, Régis Pailhé^{c, d, e}, Xavier Bayle-Iniguez^{f, g}, Etienne Cavaignac^{h, i, j}, Jérôme Murgier^k ✉

[Show more](#) ▾

+ Add to Mendeley Share Cite



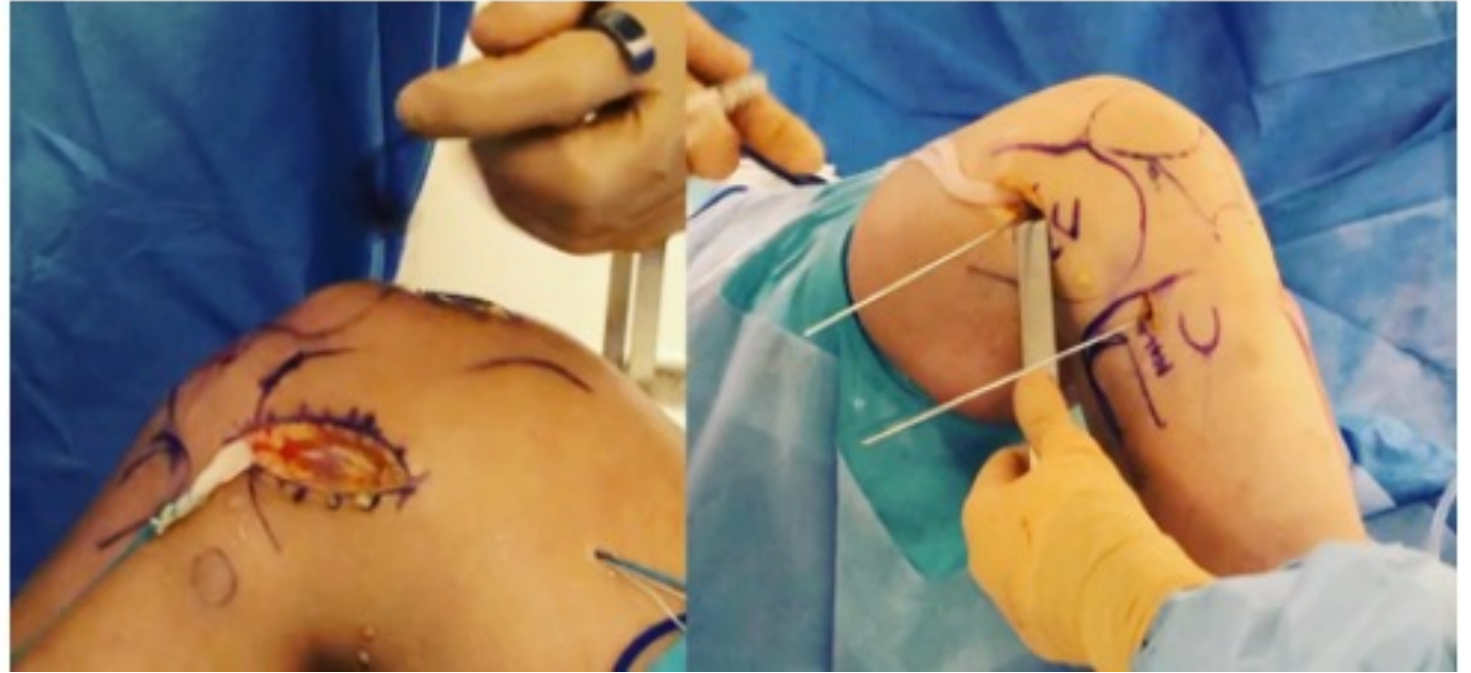
SCORES

Δ IKDC

Δ TEGNER

Δ ACL_RSI

Δ Sports' Level



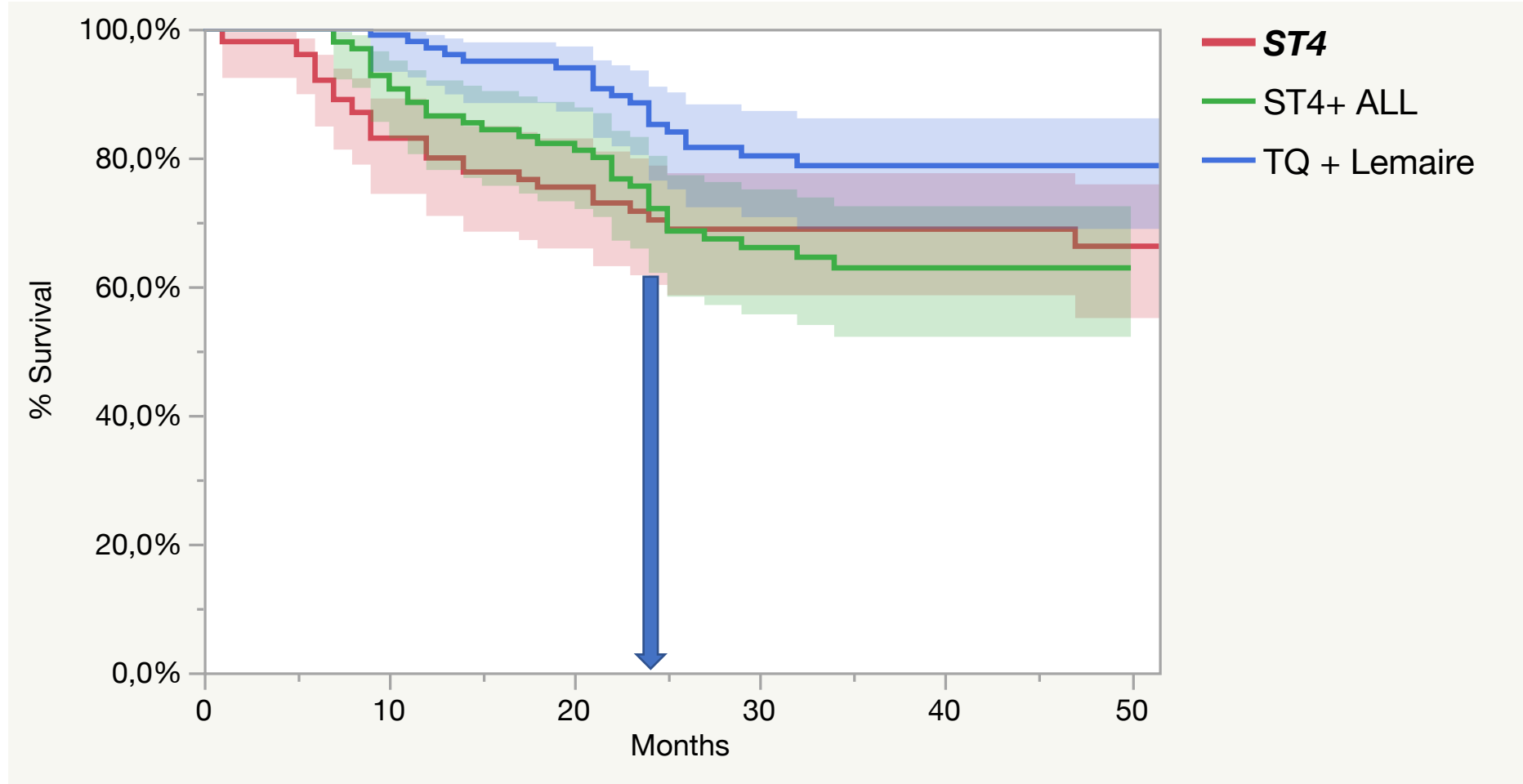
ST4 = ST4+ALL = QT + Lemaire

Incidence and Risk Factors for Residual High-Grade Pivot Shift After ACL Reconstruction With or Without a Lateral Extra-articular Tenodesis

Christophe Jacquet,^{*} MD, Charles Pioger,^{*} MD, Romain Seil,[†] MD, PhD, Raghbir Khakha,^{*} MBBS, Sebastien Parratte,[‡] MD, PhD, Camille Steltzlen,[§] MD, Jean-Noel Argenson,^{*} MD, PhD, Nicolas Pujol,[§] MD, and Matthieu Ollivier,^{*||} MD, PhD

Investigation performed at the Institute of Movement and Locomotion, Department of Orthopedics and Traumatology, St Marguerite Hospital, Marseille, France

PIVOT SHIFT REAPPEARANCE

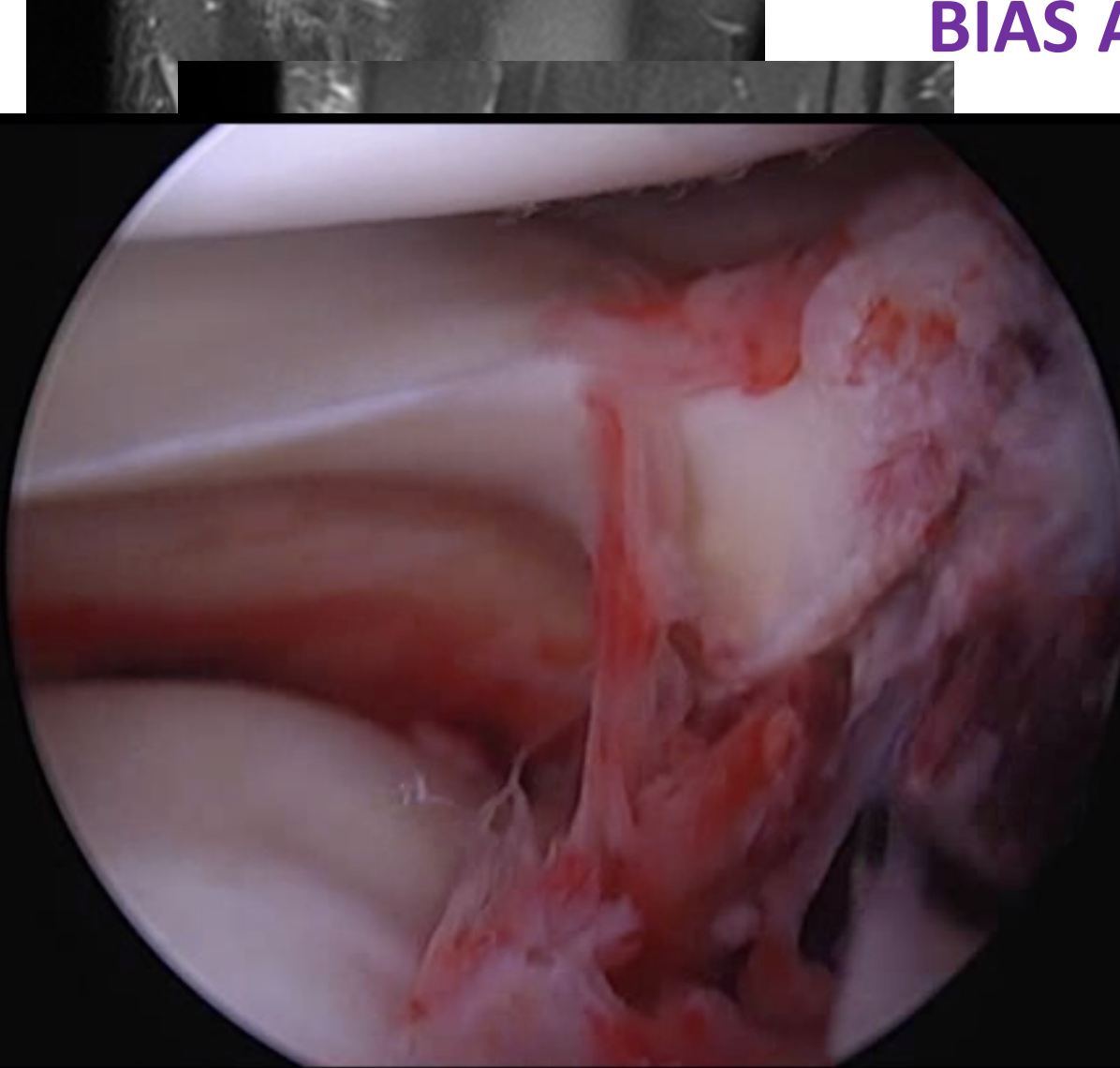


ST+ALL > ST 23 Months

DISCUSSION

What about the QUADS ?

BIAS AHEAD



Incidence and Risk Factors for Residual High-Grade Pivot Shift After ACL Reconstruction With or Without a Lateral Extra-articular Tenodesis

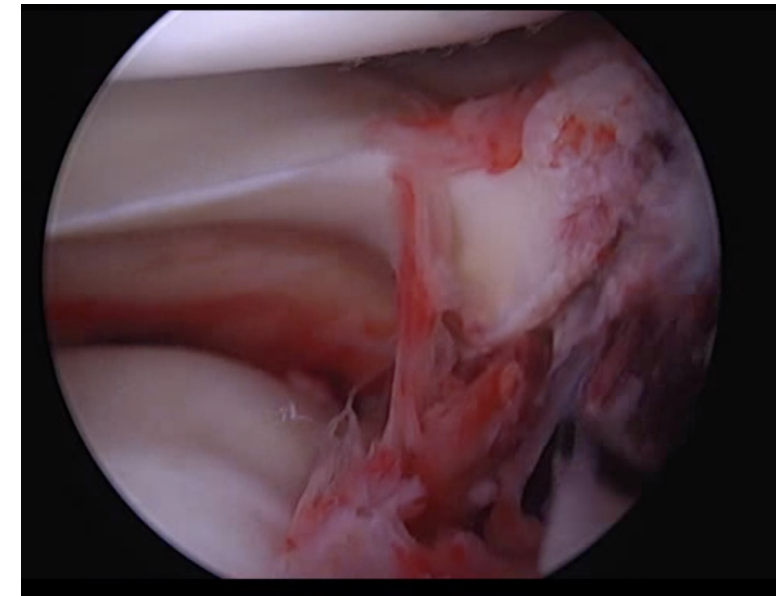
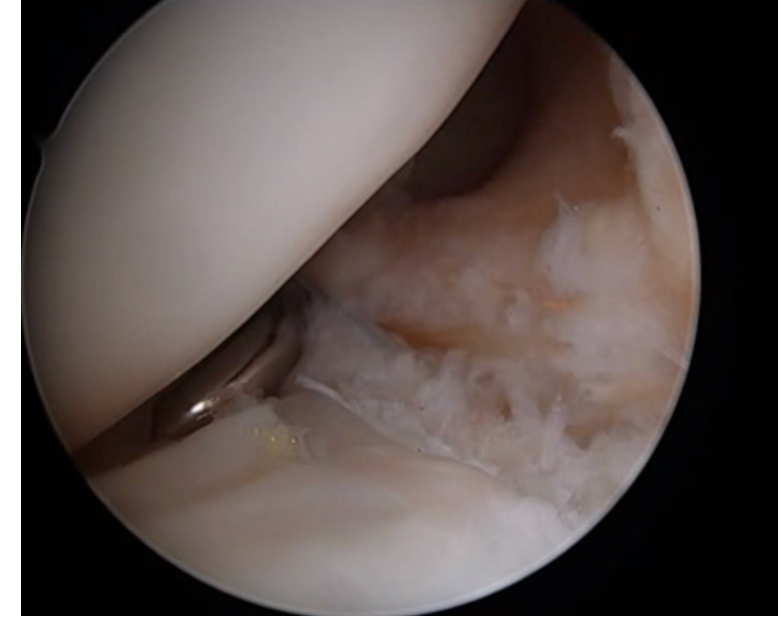
Christophe Jacquet,* MD, Charles Pioger,* MD, Romain Seil,[†] MD, PhD, Raghbir Khakha,* MBBS, Sebastien Parratte,[‡] MD, PhD, Camille Steltzlen,[§] MD, Jean-Noel Argenson,* MD, PhD, Nicolas Pujol,[§] MD, and Matthieu Ollivier,*^{||} MD, PhD

Investigation performed at the Institute of Movement and Locomotion, Department of Orthopedics and Traumatology, St Marguerite Hospital, Marseille, France

Patients suffering from either :

- Rerupture
- Persistent rotatory Instab
- New Meniscus lesion

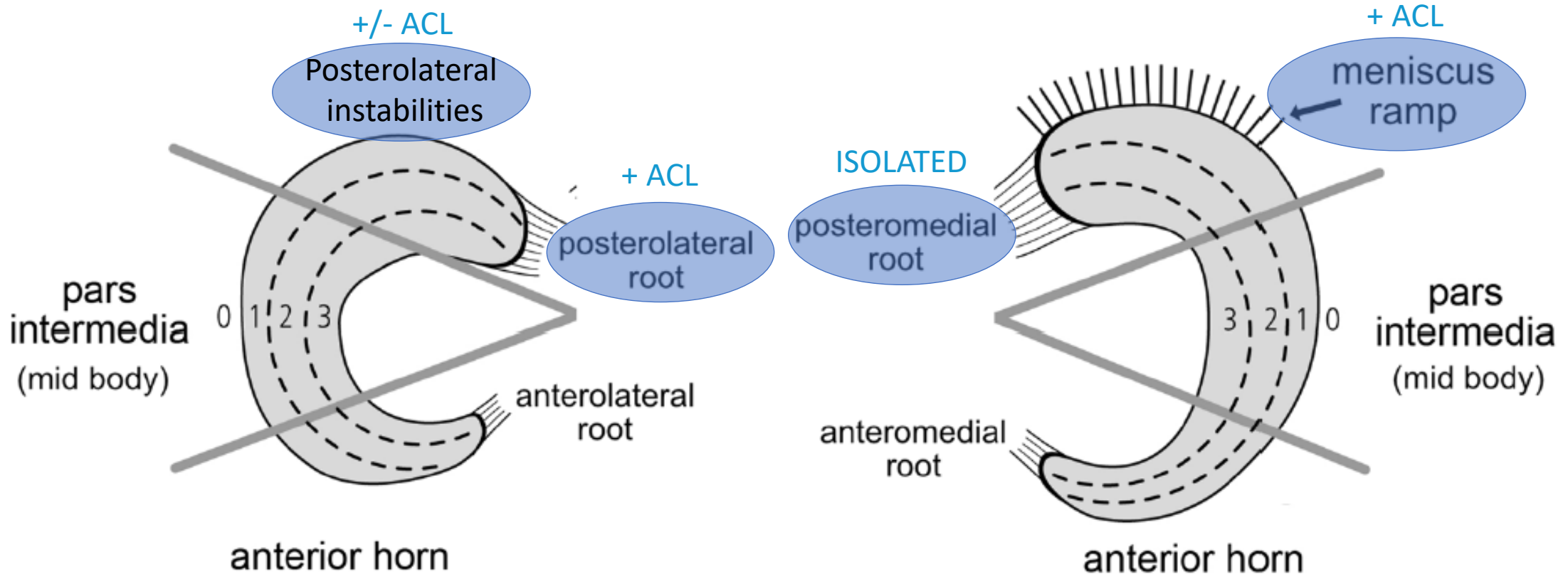
were often those with untreated meniscus lesion more than those without LET



New meniscus lesions

LATERAL MENISCUS

MEDIAL MENISCUS

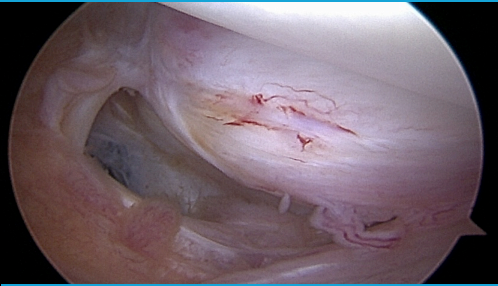


Rotational control in ACL injured knees

Intraarticular, soft tissue origin

Medial ramp lesion

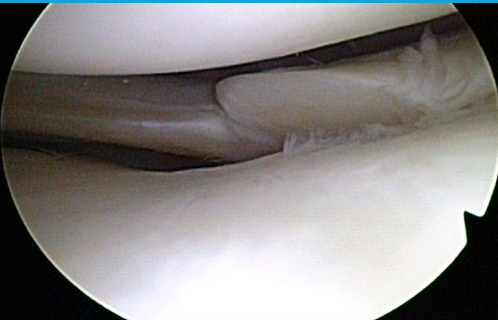
± 25% of all ACL tears



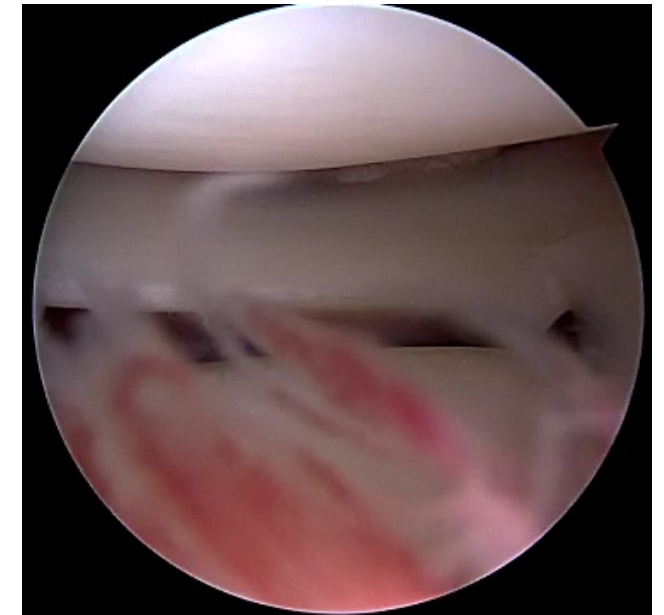
Bankart-like lesion

Lateral root tear

± 15% of all ACL tears



Lateral meniscus instability



In > 1/3^d of all ACL reconstructions these injuries were neither documented nor treated.

Biomechanics of lateral root lesions: PRLM tears increase IR close < 30° of knee flexion

n=8 cadaver knees

**Tibial translation
during pivot shift (mm)**

**ACL & post. root
LM sectioned**

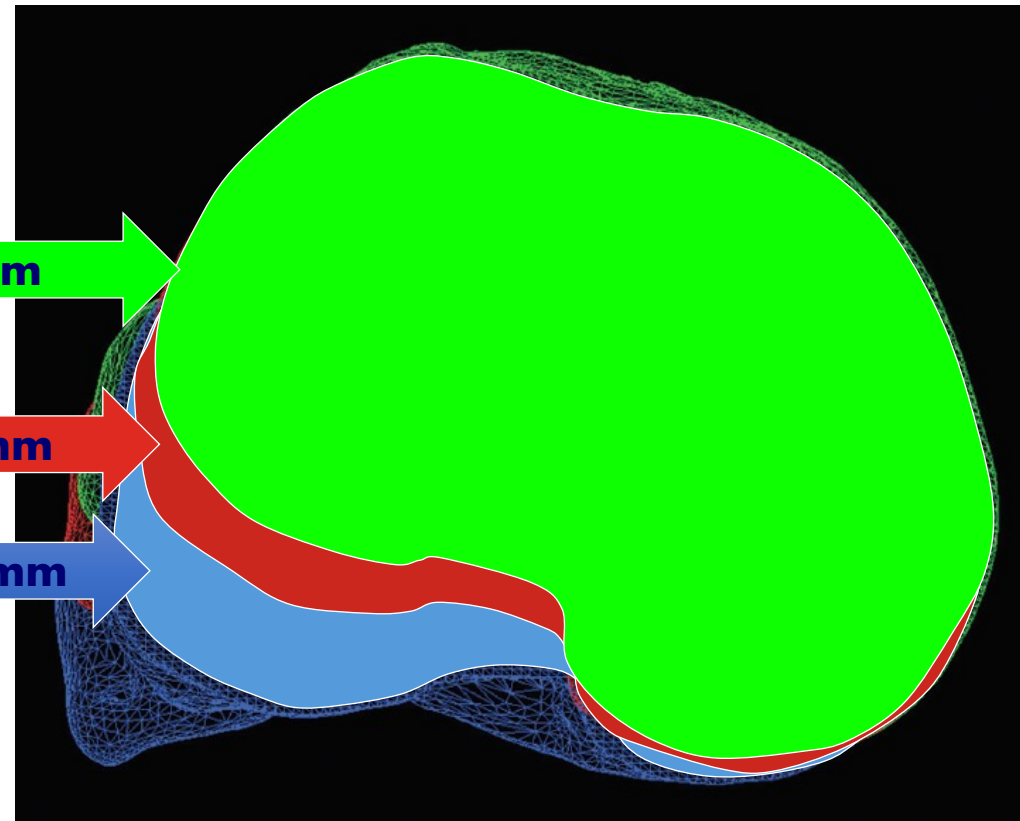
8,1 mm

ACL sectioned

6,0 mm

ACL intact

2,6 mm



Patients with Meniscus Posterolateral root tears repair during ACL reconstruction achieve comparable post-operative outcome than patients with isolated ACL reconstruction

BARD Thomas, M.D.⁺
BERNARD DE VILLENEUVE Florent, M.D.^{*,+}
FERREIRA Alexandre, M.D.⁺
PITHIUX Martine, PhD.⁺
SHARMA Akash, M.D.⁺
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^{*} Aix-Marseille University, CNRS, ISM UMR 7287, 13288, Marseille cedex 09, France

⁺ Institute of movement and locomotion, Department of Orthopedic surgery and Traumatology St. Marguerite Hospital 270 Boulevard Sainte Marguerite, BP 29 13274 Marseille, France

Jacquet et al. *J EXP ORTOP* (2021) 8:17
<https://doi.org/10.1186/s40634-021-00327-0>


Journal of
Experimental Orthopaedics

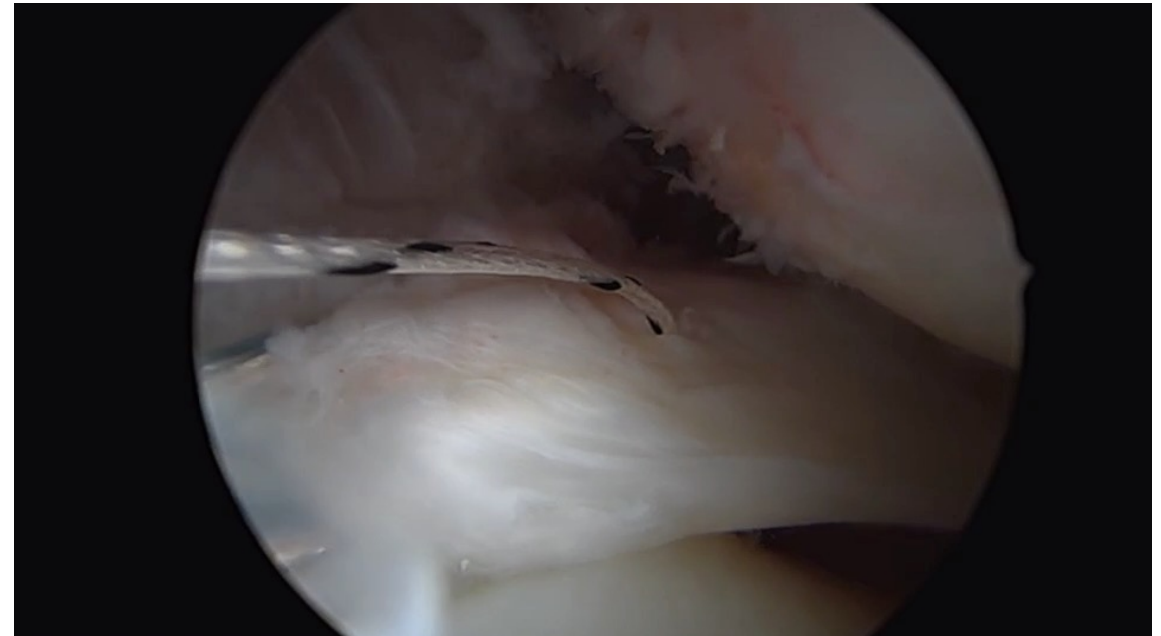
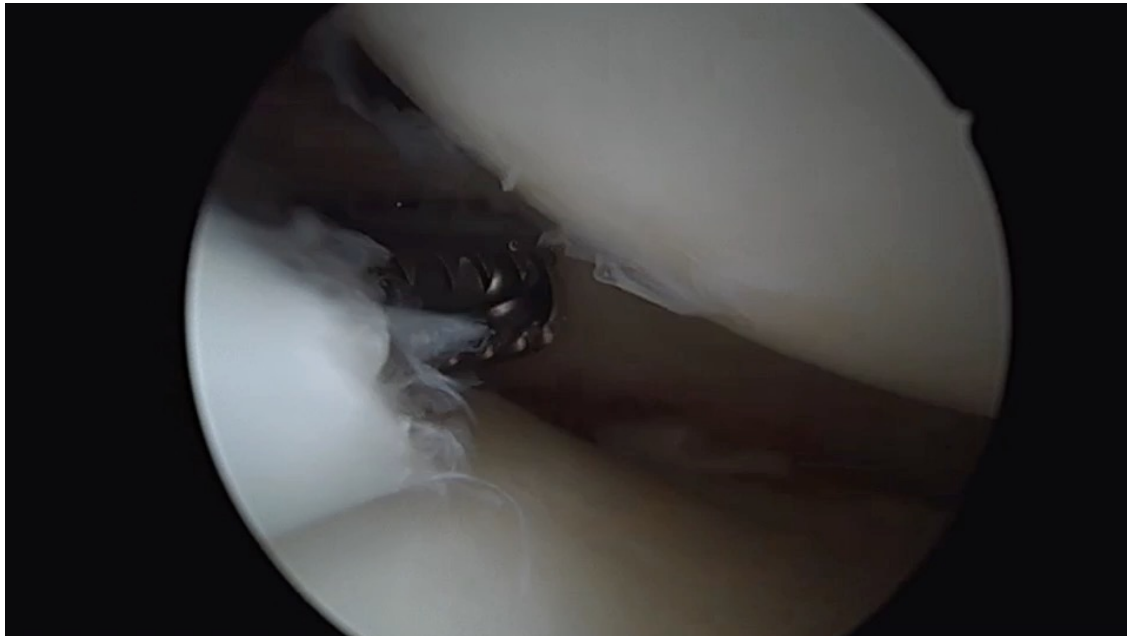
ORIGINAL PAPER

Open Access



The aspiration test: an arthroscopic sign of lateral meniscus posterior horn instability

Christophe Jacquet^{1,2}, Amanda Magosch¹, Caroline Mouton^{1,3} and Romain Seil^{1,3,4*} 



ACL surgical trends evolve in the last five years for young European surgeons: results of the survey among the U45 ESSKA members

S Cerciello et al. Knee Surg Sports Traumatol Arthrosc. 2022.

The Time Paradox

Most of the initial clinical paper on ALCr focus
on two different time frames...

before and after

extensive use of ALCr

and surely ramp / root repair

RCT and high level CS rarely describe meniscus status of their ALCr's

RCT and high level CS rarely describe PIVOT SHIFT RECURENCY

feelings....

ACL Alone is not Sufficient to control Pivot shift

ALL/ALC Repairs will give you at Least Two Good Years

RAMP / PLR is a big part of :

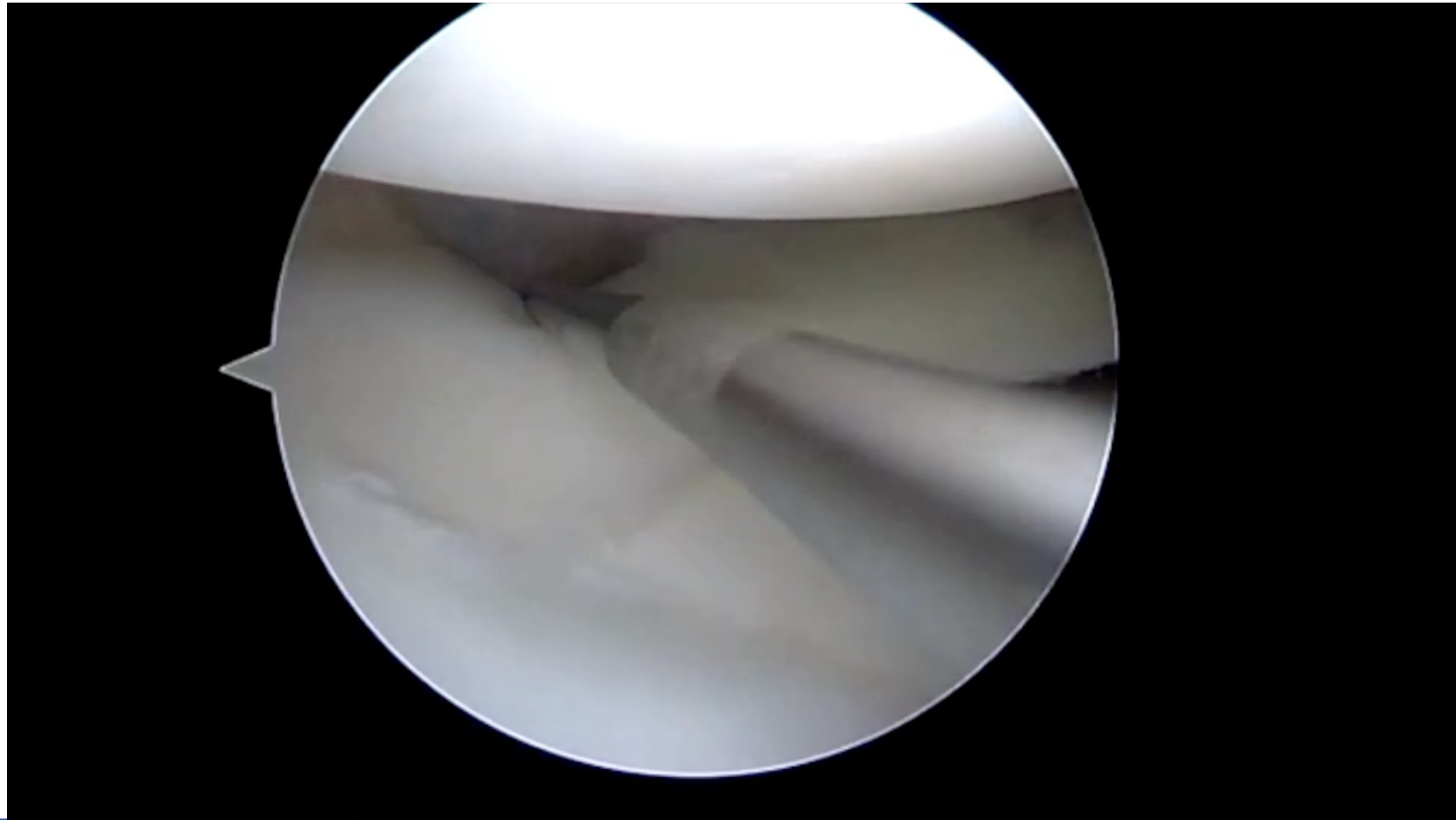
Stability = **f**(Graft + Surgery + **MENISCI** + ALC)

The aspiration test: an arthroscopic sign of lateral meniscus posterior horn instability



Christophe Jacquet^{1,2}, Amanda Magosch¹, Caroline Mouton^{1,3} and Romain Seil^{1,3,4*}

Example of a PRLM instability





**ICI C'EST
MARSEILLE
BÉBÉ**



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